

# The Truth Behind Retirement Communities

There comes a point in many seniors' lives where going to a retirement community is the best option. However, it doesn't mean that it's not scary to some people or that it's an easy decision. Knowing all this, we are here to help you understand the truth about retirement communities and help you make the right decision. Of the retirement communities in Mandeville, The Windsor Senior Living Community has your best interests at heart.

## But What Can I Expect?

At The Windsor Senior Living Community, we do our best to provide a warm and reliable environment to our residents. However, we also understand that every resident has their individual needs. That's why we offer both independent and assisted living options at our retirement community.

When it comes to [independent living](#), everything is pretty straightforward. This option is for residents who require little to no assistance with their day-to-day needs. These residents desire a more carefree lifestyle, and who would we be if we didn't give that to them? Residents who choose independent living can look forward to a number of services including:

- Light housekeeping
- Medical and social transportation
- 24-hour staffing
- Two meals a day

If you have questions about what else is available, check for yourself or give us a call!

The other option we have available is our [assisted living services](#). These are perfect for those who need a little help in their day-to-day needs. But because not everyone has

the same needs, we have an a la carte menu you can choose from, so you only pay for what you need. Choose from services such as

- Bathing and Dressing Assistance
- Blood Pressure Checks
- Medication Assistance
- Third Meal Option
- And plenty more!

You can also choose to pay for all services as a package deal. Make sure to talk to our professionals and see what works best for you and your family member.

### Myths of Senior Care

We're not like the nursing home of your nightmares. In fact, The Windsor isn't a nursing home at all! Our retirement community in Mandeville is here to make seniors' lives easier. We're sure you've heard of how seniors are forever bored, neglected, and treated like less. But here, it's like a welcoming family. We have a rotating list of [events](#) and activities every month. So there's always something fun or engaging for our residents to do.

Another example is our [health and wellness activities](#). We understand that it can be difficult to find time to exercise when you're a senior. That's why we regularly have yoga classes, ball exercise classes, and even regular Wii bowling games!

We always strive to put our residents first. If you have any more questions about what we can do for your senior, give us a call!

### Join One of the Best Retirement Communities in Mandeville

At The Windsor, we do more for our residents. Do you want to know more information just like this? Make sure to check out our [blog](#). Our retirement community blog is full of information just like this, so you can prepare for the moment you need us.

On the other hand, if you have a question and cannot find the answer, feel free to get in touch! Our specialists are happy to help you. Just give a call to 985-624-8040 and let's see what we can do for you.